

# Apart. Together.

Together, we are facing a serious public health crisis. We need to listen and act on the direction of public health authorities about how to lessen the spread and flatten the curve of COVID-19.

All of us are now familiar with the advisory messages being shared daily. These must be taken very seriously.

Simply put, by doing your part, you will help save lives.

- **Wash your hands often – and for at least 20 seconds.**
- **Avoid touching your eyes, nose, and mouth with unwashed hands.**
- **Keep yourself at least 2 metres away from others.**
- **If you have travelled outside of Canada, you must self-isolate for 14 days when you return.**
- **Shop locally & stay on the West Coast. Support our local businesses and flatten the curve by avoiding all non-essential travel outside of our West Coast communities.**

Now is our time to make a difference.

Let's be role models for our family, friends and neighbours.

Let's do our part to keep front line worker safe – so they are able to do the work we all depend upon.

Treat others with kindness. Show you care by keeping your distance. Remember that you, and others you see, may be a carrier of the virus, regardless of appearance or the lack of any symptoms. If you feel unwell, use the [BC COVID-19 Symptom Self-Assessment Tool](#) to determine if you need further testing.

These are difficult and uncertain times. But the efforts of our municipal employees, and ongoing dedication of our councillors will ensure you continue to receive the services necessary to keep our District running.

The impacts are far reaching, and we are all feeling personally challenged in different ways.

And while it is important that we remain physically apart from one another, we have never had the opportunity to demonstrate our unity and strength as much as now.

Together, we can show compassion and protect those who are most vulnerable.

Together, we will meet our collective responsibility to support and care for one another.

Together, we have the power to limit the spread of COVID-19.

If we all do our part, we will get through this – together.

A handwritten signature in black ink that reads "Mayco Noël". The signature is written in a cursive, slightly slanted style.

Mayco Noël  
Mayor