

**For Immediate Release  
October 16, 2020**

## COVID-19 Update # 24

### Halloween

Fall has arrived on the West Coast. The leaves are changing colours, winter swells are rolling in, and ghosts and ghouls of all ages are getting ready for Halloween. District Staff would like to give thanks to residents for their efforts to flatten the curve, wish them a safe Halloween and remind them to stay strong, be safe and be kind, The BC Centre for Disease Control has released their [COVID-19 Halloween Guidelines](#). This helpful resource includes tips for everyone.

### Travelling to Ucluelet During COVID

Accommodation providers are reminded to share the [Travelling to Ucluelet During COVID quick sheet](#) with guests before they arrive on the West Coast. This tool has information about how visitors can help protect Ucluelet.

### Flu Shots

On October 8, 2020 Dr. Bonnie Henry reminded BC residents that it is more important than ever to get a flu shot as it will help to "...reduce the pressure on our healthcare system." Flu shots are now available at local pharmacies and a flu clinic is planned for October 26<sup>th</sup>, at the Ucluelet Community Centre from 10 AM to 2 PM by appointment only. To make an appointment for the October 26, 2020 flu clinic please call 250-726-4020 (Ext 0). For more information about the flu shot and flu clinics please visit <https://www.islandhealth.ca/our-locations/where-can-i-get-flu-shot>.

### Council Meetings

Open Council meetings and public hearings are now closed to in-person public attendance. For more information about watching Council meetings online and providing public input via Zoom, email or other written correspondence please visit <https://ucluelet.ca/community/district-of-ucluelet-council/communicating-with-council>.

### Get Back to the Basics

As flu and cold season approach residents and visitors are reminded to get back to the basic of staying home when sick and getting a test; frequent handwashing, cleaning and disinfecting surfaces; and physical distancing and wearing masks. For more information about COVID-19 risks and prevention, please visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>.

### Mental Health Resources

Bounce Back BC provides mental health supports and referrals for youth and adults. For more information, please visit <https://bouncebackbc.ca/bounceback-youth-quiz/>.

Stay up to date by [signing up for the District's UkeeMail](#) and by regularly visiting these Federal and Provincial links:

[Government of Canada - Coronavirus \(COVID-19\) Outbreak Update](#)

[Government of British Columbia COVID-19 Provincial Support and Information](#)

[BC Centre for Disease Control's COVID-19 Data](#)

**Thank you Ucluetians. Stay strong, be safe and be kind.** For more information please visit the COVID-19 Updates and Resources page at [ucluelet.ca](http://ucluelet.ca) or contact the District of Ucluelet at 250-726-7744.

